

SaferSex4Seniors

Information you need to enjoy safer sexual pleasure!

Common Sexually Transmitted Infections

Viral Infections

Hepatitis B	How It's Spread	Possible Symptoms	Treatment
	Vaginal, anal, or oral intercourse, or sharing needles with someone who has Hepatitis B	<ul style="list-style-type: none"> • Can sometimes have no symptoms • Flu-like feelings and tiredness • Jaundice (yellow skin) • Fever, headache, joint aches 	
Hepatitis B	How to Avoid	Possible Effects	
	Avoid sexual intercourse or use condoms ; early vaccine	<ul style="list-style-type: none"> • Some people recover completely, others cannot • Liver damage or liver cancer • Pregnant woman can pass to fetus • Death 	
Herpes	How It's Spread	Possible Symptoms	Treatment
	Vaginal, anal, or oral intercourse, or skin-to-skin contact with someone who has herpes.	<ul style="list-style-type: none"> • Can have no symptoms • Painful blisters • Flu-like feelings 	
Herpes	How to Avoid	Possible Effects	
	Avoid genital skin-to-skin contact; avoid sexual intercourse or use condoms.	<ul style="list-style-type: none"> • Recurrent outbreaks of blisters • Pregnant woman can pass to fetus • Easier infection with HIV/AIDS 	
HIV/AIDS	How It's Spread	Possible Symptoms	Treatment
	Vaginal, anal, or oral intercourse, or sharing needles with someone who has HIV/AIDS	<ul style="list-style-type: none"> • Rarely has symptoms (early HIV) • Weight loss or tiredness • Flu-like feelings • Diarrhea • White spots in mouth • Symptoms of serious illness such as pneumonia, cancers (AIDS) 	
HIV/AIDS	How to Avoid	Possible Effects	
	Avoid sexual intercourse or use condoms; needle sharing; blood contact; or breast feeding	<ul style="list-style-type: none"> • Cannot be cured • Increased susceptibility to illnesses • Can cause illness and death • Pregnant woman can pass to fetus or baby during breastfeeding 	
HPV	How It's Spread	Possible Symptoms	Treatment
	Vaginal, anal, or oral intercourse, or skin-to-skin contact with someone who has HPV	<ul style="list-style-type: none"> • Small bumpy warts on genitals or anus • Itching or burning around genitals • Genital or cervical cell changes that may not be visible to the naked eye 	
HPV	How to Avoid	Possible Effects	
	Avoid genital skin-to-skin contact; avoid sexual intercourse or use condoms; early vaccine	<ul style="list-style-type: none"> • Warts may go away on their own, or grow and spread • Can lead to cancers (of cervix, vulva, penis, anus) • Pregnant woman can pass to fetus 	

Bacterial Infections

Chlamydia	How It's Spread	Possible Symptoms	Treatment
	Vaginal, anal, or oral intercourse with someone who has chlamydia	<ul style="list-style-type: none"> • Can have no symptoms • Abnormal discharge or bleeding from penis or vagina • Burning or pain when urinating • Pain in abdomen (belly) or swollen, tender testicles 	Cured with antibiotics
Gonorrhea	How to Avoid	Possible Effects	
	Avoid sexual intercourse or use condoms	<ul style="list-style-type: none"> • Infections in pelvis • Damage to reproductive organs • Infertility • Pregnant woman can pass to fetus • Easier infection with HIV/AIDS 	
Gonorrhea	How It's Spread	Possible Symptoms	Treatment
	Vaginal, anal, or oral intercourse with someone who has gonorrhea	<ul style="list-style-type: none"> • Can have no symptoms • Thick discharge from penis or vagina • Burning or pain when urinating or having bowel movement • Pain in abdomen or swollen, tender testicles 	Cured with antibiotics
Syphilis	How to Avoid	Possible Effects	
	Avoid sexual intercourse or use condoms	<ul style="list-style-type: none"> • Infections in pelvis • Damage to reproductive organs • Infertility • Skin disease, heart trouble, arthritis, blindness • Pregnant woman can pass to fetus • Easier infection with HIV/AIDS 	
Syphilis	How It's Spread	Possible Symptoms	Treatment
	Vaginal, anal, or oral intercourse with someone who has syphilis	<ul style="list-style-type: none"> • Can at times have no symptoms • Painless sores on mouth or genitals • Rash • Flu-like feelings 	Cured with antibiotics
Syphilis	How to Avoid	Possible Effects	
	Avoid sexual intercourse or use condoms	<ul style="list-style-type: none"> • Heart disease • Brain or nerve damage • Blindness • Infertility • Pregnant woman can pass to fetus • Death 	

Parasitic Infections

Pubic Lice	How It's Spread	Possible Symptoms	Treatment
	Sexual intercourse or contact with infested bedding, clothing, upholstered furniture, toilet seats	<ul style="list-style-type: none"> • Intense itching in genitals or anus • Mild fever • Feeling run-down • Irritability • Lice or small egg sacs in pubic hair 	
Scabies	How to Avoid	Possible Effects	Treatment
	Limit the number of intimate sexual contacts	<ul style="list-style-type: none"> • Itching begins about 5 days after infestation • No long-term effects 	
Trichomoniasis	How It's Spread	Possible Symptoms	Treatment
	Sexual intercourse or skin-to-skin contact with someone who has scabies	<ul style="list-style-type: none"> • Intense itching usually at night • Small bumps or rash on penis, buttocks, breasts, thighs, navel 	
Trichomoniasis	How to Avoid	Possible Effects	Treatment
	Limit the number of intimate sexual contacts	<ul style="list-style-type: none"> • May take several weeks to develop • No long-term effects 	
Trichomoniasis	How It's Spread	Possible Symptoms	Treatment
	Sexual intercourse or skin-to-skin contact with someone who has trichomoniasis	<ul style="list-style-type: none"> • Yellow or green discharge from vagina or penis • Burning or pain when urinating 	
Trichomoniasis	How to Avoid	Possible Effects	Treatment
	Avoid sexual intercourse or use condoms	<ul style="list-style-type: none"> • Symptoms are uncomfortable • Men can get infections in prostate gland • Can cause problems during pregnancy 	

